



SHEEN FALLS
LODGE

BAR MENU

Served between 12.30pm and 6.00pm

Allergen Information

"If you suffer from a nut allergy or any other allergens, please let a member of staff know, as nuts, wheat and dairy are used in our kitchens. All dishes featured on this menu can be tailored for those who follow a gluten free diet. Please ask your server for further details."

V = Vegetarian

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|------------|-------------------|-------------|--------------|
| 1. Nuts | 2. Celery | 3. Milk | 4. Crustacea |
| 5. Mollusc | 6. Gluten | 7. Sesame | 8. Eggs |
| 9. Fish | 10. Peanuts | 11. Soybean | 12. Mustard |
| 13. Lupin | 14. So2/Sulphates | | |



RELAIS &
CHATEAUX



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LIGHTER BITES

Homemade Soup of the Day <i>(v)</i> , 2, 3, 6, 8	€8.50
Seafood Chowder 2, 3, 4, 5, 8, 9, 12 Selection of Shellfish & Seafood	€11.50
Polenta Fried Baby Squid 5, 6, 8 Salad & Aioli	€12.50
Saute Tiger prawns 3, 4, 9, 14 Ginger and Lemongrass sauce with Bok Choi	€15.50
Battered Chicken Wings 1, 6, 7, 8, 11 Soya Honey Dressing, Wasabi Mayo & Salad	€12.00

THE SALAD CORNER

Caesar Salad 3, 6, 8, 9, 12, 14 Anchovies, Parmesan, Garlic Croutons, Boiled Hens Egg, Baby Gem With Chicken 3, 6, 8, 9, 12, 14	€14.50 €18.50
Ted Browne Crab Salad 3, 4, 8, 12, 14 White Crab Meat, Cocktail Sauce & Pickled Cucumber	€20.50
Sheen Falls Smoked Salmon Salad 9, 14 Mixed Leaf Salad, Red Onion, Capers	€19.50
Quinoa Salad 3, 6, 7, 8, 12, 14 Avocado, Pickled Radish and Feta Cheese	€18.50



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THE HEARTIER SELECTION

Seafood Pasta 2, 3, 4, 5, 6, 8, 9, 14 Prawns, Crab, Mussels in a Shellfish Bisque	€25.00
Pan Fried Corn-Fed Chicken 2, 3 Cepes Puree & Mushroom Sauce	€23.00
Grilled Plaice on the Bone 3, 6, 9 Caper Butter & New Potato	€25.00
8oz Beef Burger 3, 6, 14 Brioche Bun, Bacon Jam, Smoked Gubbeen Cheese, Wasabi Mayo & Chips	€24.00
8oz Dry Aged Ribeye Steak 3 Beetroot, Horseradish & Watercress Salad	€29.00
8oz Dry Aged Sirloin Steak 2, 3, 14 Grilled Portobello Mushroom and Tomato, Chips & Peppercorn Sauce	€32.00
Seasonal Risotto (v), 3 Parmesan & Rocket Leaves	€21.00
Penne Pasta (v) 6, 8, 10 With Chicken	€21.00 €23.00
Parmesan & Rocket Leaves	



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SIDE ORDERS

Organic Mixed Leaf Salad 12, 14	€5.00
Creamed Spinach 3	€5.00
Mash Potatoes 3	€5.00
New Potatoes with Herbs 3	€5.00
Hand Cut Chips	€5.00
Braised Red Cabbage 14	€5.00

THE SANDWICH CORNER

Sheen Falls Lodge Club Sandwich 3, 6, 8, 12, 14 Hens egg, Chicken Breast, Bacon, Tomato, Lettuce, Mayonnaise	€14.00
Sheen Falls Smoked Salmon Bagel 3, 6, 9, 12, 14	€13.50

OPEN & CLOSED SANDWICHES

(Open sandwiches are served on Homemade Brown Bread

Closed Sandwiches are served on Harrington's of Kenmare Brown
or White Bread)

- Roast Chicken Breast 3, 6, 12, 14 Lemon & Baby Gem	€10.50
- Hegarty's Farmhouse Cheddar Cheese Country Relish & Tomato 3, 6, 12, 14	€10.50
- Glazed Honey Roast Ham Wholegrain Mustard 3, 6, 12, 14	€10.50
- Ted Brownes Crab 3, 4, 6, 12, 14 Marie Rose Sauce and Pickled Cucumber	€13.00





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AFTERNOON TEA

Served Between 2.00pm & 5.00pm

Savouries

Cucumber Fingers 3, 6

Sheen Falls Home Smoked Salmon
with Horseradish 3, 6,, 9,

Crab, scented with Lemon and Lime,
Coriander and Basil 3, 4, 6, 12, 14

Breads & Cakes *Subject to change*

Homemade Scones 3, 6, 8

Freshly Baked Sweet Breads & Cakes 3, 6, 8, 14

Clotted Cream, Jam & Lemon Curd 3, 6, 8, 14

Pastries

A selection of Sweet Delights 3, 6, 8, 12, 14

Prepared daily by our Pastry Chef

Afternoon Tea for Two 3, 6, 8, 12, 14 €60.00
Selection of Tea or Coffee 4, 9

Prosecco Afternoon Tea for Two 3, 6, 8, 12, 14 €75.00
*Add a glass of Prosecco to your selection
of Tea or Coffee 4, 9*

Champagne Afternoon for Two 3, 6, 8, 12, 14 €90.00
*Add a glass of Champagne to your selection
of Tea or Coffee 4, 9*

Selection of Warbler & Wren Coffee €4.50
Freshly Brewed Coffee
Decaffeinated
Cappuccino, Espresso or Latte

Pot of Coffee €6.50

Selection of Ronnefeldt Loose Tea (Per Person) €4.00

Irish Breakfast Tea

Earl Grey Tea

Ceylon (Decaffeinated)

Peppermint

Sweet Chamomile Blossoms

Rooibos



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THE SWEET TREAT

Vanilla Crème Brûlée 3, 6, 8 Lemon madeleine	€9.00
Mango and Passion Fruit Indulgence 1, 3, 8 Coconut	€9.00
Sticky Toffee Pudding 3, 6, 8 Salted caramel Ice cream, caramelized Orange	€9.00
Irish Cheese Board 1, 2, 3, 6, 14 Walnuts, Fig Chutney, Grapes & Selection of Crackers	€16.50
Fresh Fruit and Berry Salad Basil & Raspberry Sauce	€8.00

A note on our suppliers

We are very fortunate to be located in an area that is abundant with fresh produce. Most of the ingredients we use travel short distances to ensure that they are at their most fresh and also impact on the environment the least.

Salmon is caught off the Kerry Coastline and we smoke it on site with a recipe that is over 200 years old.

Shellfish comes from Castletownbere, Co. Cork where the waters flow from the mountains into the bay. Union Hall is also based in south Co. Cork and the fish only travels 1 ½ hrs before it reaches our kitchen for our Chefs to prepare for the table.

Hereford Beef small in stature compared to other breeds and is generally raised for its beef as the flavour is more intense.

Lamb from Peter O'Sullivan in Sneem supplies us with our lamb. The unique flavour from this lamb is got from the lambs being raised naturally on heather, herbs and fresh grass on the Kerry Mountain.





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WINE SELECTION

CHAMPAGNE & SPARKLING WINE

		175ml	750ml
208	Duval Leroy Brut Reserve <i>Champagne, NV France</i>	€20.00	€105.00
108	Ferlan Spumante <i>Prosecco, Italy</i>	€13.50	€50.00

WHITE WINES

		175ml	750ml
112	Forte Alto <i>Pinot Grigio</i> <i>Italy</i>	€8.80	€35.00
109	Jean de la Roche <i>Sauvignon Blanc</i> <i>New Zealand</i>	€9.50	€38.00
108	Celdina <i>Godello</i> <i>Spain</i>	€9.50	€38.00
110	Simone Joseph <i>Chardonnay</i> <i>france</i>	€9.80	€39.00



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ROSÉ

		175ml	750ml
607	Croix Des Vents <i>France</i>	€9.00	€38.00
795	Domaine Hilaire <i>Cotes de Provence, France</i>		€50.00
802	Coeur de Grain, Domained'Ott <i>Provence, France</i>		€85.00

RED

		175ml	750ml
106	Urmeneta <i>Cabernet Sauvignon</i> <i>Chile</i>	€7.50	€30.00
123	Bouchard Aîné & Fils <i>Pinot Noir</i> <i>France</i>	€8.80	€35.00
104	Madrigal <i>Malbec</i> <i>Argentina</i>	€9.00	€36.00
103	Sogatia <i>Chianti</i> <i>Italy</i>	€9.50	€38.00
100	Baron de Ley <i>Rioja Reserva</i> <i>Spain</i>	€11.50	€45.00