



SHEEN FALLS
LODGE

BAR MENU

Served between 12.30 and 6.00pm

Allergen Information

"If you suffer from a nut allergy or any other allergens, please let a member of staff know, as nuts, wheat and dairy are used in our kitchens. All dishes featured on this menu can be tailored for those who follow a gluten free diet. Please ask your server for further details."

V = Vegetarian

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|------------|-------------------|-------------|--------------|
| 1. Nuts | 2. Celery | 3. Milk | 4. Crustacea |
| 5. Mollusc | 6. Gluten | 7. Sesame | 8. Eggs |
| 9. Fish | 10. Peanuts | 11. Soybean | 12. Mustard |
| 13. Lupin | 14. So2/Sulphates | | |



RELAIS &
CHATEAUX



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LIGHTER BITES

Homemade Soup of the Day <i>(v), 2, 3, 6, 8</i>	€7.50
Seafood Chowder <i>2, 3, 4, 5, 8, 9, 12</i> Selection of Shellfish & Seafood	€10.00
Polenta Fried Baby Squid <i>5, 6, 8</i> Salad & Aioli	€11.00
Saute Tiger Prawns <i>3, 4, 9, 14</i> Ginger & Lemongrass sauce with Bok Choi	€14.50
Battered Chicken Wings <i>1, 6, 7, 8, 11</i> Soya Honey Dressing, Wasabi Mayo & Salad	€11.00

THE SALAD CORNER

Caesar Salad <i>3, 6, 8, 9, 12, 14</i> Anchovies, Parmesan, Garlic Croutons, Boiled Hens Egg & Baby Gem With Chicken <i>3, 6, 8, 9, 12, 14</i>	€13.00 €17.50
Ted Browne Crab Salad <i>3, 4, 8, 12, 14</i> White Crab Meat, Cocktail Sauce & Pickled Cucumber	€20.50
Sheen Falls Smoked Salmon Salad <i>9, 14</i> Mixed Leaf Salad, Red Onion & Capers	€19.50
Quinoa Salad <i>3, 6, 7, 8, 12, 14</i> Avocado, Pickled Radish & Feta Cheese	€18.50



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THE HEARTIER SELECTION

Seafood Pasta 2, 3, 4, 5, 6, 8, 9, 14	€23.00
Prawns, Crab & Mussels in a Shellfish Bisque	
Pan Fried Corn-Fed Chicken 2, 3	€20.50
Cepe Puree, Wild Mushroom & Supreme Sauce	
Grilled Plaice on the Bone 3, 9	€23.00
Caper Butter & New Potato	
8oz Beef Burger 3, 6, 14	€23.50
Brioche Bun, Bacon Jam, Smoked Gubbeen Cheese, Wasabi Mayo & Chips	
8oz Dry Aged Sirloin Steak 2, 3, 14	€30.00
Grilled Portobello Mushroom & Tomato, Chips & Peppercorn Sauce	
8oz Dry Aged Ribeye 3	€26.50
Beetroot, Horseradish & Watercress Salad	
Seasonal Risotto (v), 3, 6	€17.50
Parmesan & Rocket Leaves	
Penne Pasta (v), 6, 8, 10	€16.00
Homemade pesto, Artichoke & Sundried Tomato	
With Chicken 6, 8, 10	€20.00





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SIDE ORDERS

Organic Mixed Leaf Salad <i>12, 14</i>	€5.00
Creamed Spinach <i>3</i>	€5.00
Mash Potatoes <i>3</i>	€5.00
New Potatoes with Herbs <i>3</i>	€5.00
Hand Cut Chips	€5.00
Braised Red Cabbage <i>14</i>	€5.00

THE SANDWICH CORNER

Sheen Falls Lodge Club Sandwich <i>3, 6, 8, 12, 14</i>	€14.00
Hens egg, Chicken Breast, Bacon, Tomato, Lettuce, Mayonnaise	
Sheen Falls Smoked Salmon Bagel <i>3, 6, 9, 12, 14</i>	€13.50
Red Onion, Capers & Horseradish	

OPEN & CLOSED SANDWICHES

(Open sandwiches are served on Homemade Brown Bread.
Closed Sandwiches are served on Harrington's
of Kenmare Brown or White Bread)

- Roast Chicken Breast <i>3, 6, 12, 14</i>	
Lemon & Baby Gem	€10.50
- Hegarty's Farmhouse Cheddar Cheese	
Country Relish & Tomato <i>3, 6, 12, 14</i>	€10.50
- Glazed Honey Roast Ham	
Wholegrain Mustard <i>3, 6, 12, 14</i>	€10.50
- Ted Brownes Crab <i>3, 4, 6, 12, 14</i>	
Marie Rose Sauce & Pickled Cucumber	€13.00



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AFTERNOON TEA

Served Between 2.00pm & 5.00pm

Savouries

Cucumber Fingers 3, 6

Sheen Falls Home Smoked Salmon
with Horseradish 3, 6, 9

Crab, scented with Lemon and Lime,
Coriander & Basil 3, 4, 6, 12, 14

Breads & Cakes *Subject to change*

Homemade Scones 3, 6, 8

Freshly Baked Sweet Breads & Cakes 3, 6, 8, 14

Clotted Cream, Jam & Lemon Curd 3, 6, 8, 14

Pastries

A selection of Sweet Delights 3, 6, 8, 12, 14

Prepared daily by our Pastry Chef

Afternoon Tea for Two 3, 6, 8, 12, 14 €60.00
Selection of Tea or Coffee 4, 9

Prosecco Afternoon Tea for Two 3, 6, 8, 12, 14 €75.00
*Add a glass of Prosecco to your selection
of Tea or Coffee 4, 9*

**Champagne Afternoon Tea
for Two** 3, 4, 6, 8, 9, 12, 14 €90.00
*Add a glass of Champagne to your selection
of Tea or Coffee 4, 9*

Selection of Warbler & Wren Coffee €4.50
Freshly Brewed Coffee
Decaffeinated
Cappuccino, Espresso or Latte

Pot of Coffee €6.50

Selection of Ronnefeldt Loose Tea *per person* €4.00
Irish Breakfast Tea
Earl Grey Tea
Ceylon (Decaffeinated)
Peppermint
Sweet Chamomile Blossoms
Rooibos



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THE SWEET TREAT

Vanilla Crème Brûlée 3, 6, 8 Lemon Madeleine	€9.00
Mango and Passion Fruit Indulgence 1, 3, 8 Coconut	€9.00
Sticky Toffee Pudding 3, 6, 8 Salted Caramel Ice Cream, Caramelized Orange	€9.00
Irish Cheese Board 1, 2, 3, 6, 14 Walnuts, Fig Chutney, Grapes & Selection of Crackers	€16.50
Fresh Fruit and Berry Salad Basil & Raspberry Sauce	€8.00

A note on our suppliers

We are very fortunate to be located in an area that is abundant with fresh produce. Most of the ingredients we use travel short distances to ensure that they are at their most fresh and also impact on the environment the least.

Salmon is caught off the Kerry Coastline and we smoke it on site with a recipe that is over 200 years old.

Shellfish comes from Castletownbere, Co. Cork where the waters flow from the mountains into the bay. Union Hall is also based in south Co. Cork and the fish only travels 1 ½ hrs before it reaches our kitchen for our Chefs to prepare for the table.

Hereford Beef small in stature compared to other breeds and is generally raised for its beef as the flavour is more intense.

Lamb from Peter O'Sullivan in Sneem supplies us with our lamb. The unique flavour from this lamb is got from the lambs being raised naturally on heather, herbs and fresh grass on the Kerry Mountain.



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WINE SELECTION

CHAMPAGNE & SPARKLING WINE

		175ml	750ml
208	Duval Leroy Brut Reserve <i>Champagne, NV France</i>	€20.00	€105.00
108	Ferlan Spumante <i>Prosecco, Italy</i>	€13.50	€50.00

WHITE WINES

		175ml	750ml
112	Forte Alto <i>Pinot Grigio</i> <i>Italy</i>	€8.80	€35.00
109	Jean De La Roche <i>Sauvignon Blanc</i> <i>France</i>	€9.00	€36.00
108	Celdina <i>Godello</i> <i>Spain</i>	€9.00	€36.00
110	Simone Joseph <i>Chardonnay</i> <i>France</i>	€12.50	€45.00



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ROSÉ

		175ml	750ml
607	Croix Des Vents <i>France</i>	€9.00	€38.00
802	Coeur de Grain, Domaine d'Ott <i>Provence, France</i>		€85.00

RED

		175ml	750ml
106	Urmenta <i>Cabernet Sauvignon</i> <i>Chile</i>	€8.00	€32.00
102	Domaine Bousquet <i>Organic Malbec</i> <i>Argentina</i>	€9.50	€38.00
100	Baron de Ley <i>Rioja Reserva</i> <i>Spain</i>	€10.50	€42.00
123	Bouchard Pere & Fils <i>Pinot Noir</i> <i>France</i>	€10.00	€40.00



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