



**SHEEN FALLS**  
LODGE

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## **BAR MENU**

*Served between 12 noon and 6.00pm*

### Allergen Information

*"If you suffer from a nut allergy or any other allergens, please do let a member of staff know, as nuts, wheat and dairy are used in our kitchens. All dishes featured on this menu can be tailored for those who follow a gluten free diet. Please ask your server for further details."*

Chef Tony Schwarz

*V = Vegetarian*

- |            |                   |             |              |
|------------|-------------------|-------------|--------------|
| 1. Nuts    | 2. Celery         | 3. Milk     | 4. Crustacea |
| 5. Mollusc | 6. Gluten         | 7. Sesame   | 8. Eggs      |
| 9. Fish    | 10. Peanuts       | 11. Soybean | 12. Mustard  |
| 13. Lupin  | 14. So2/Sulphates |             |              |





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**LIGHTER BITES**

Homemade Soup of the Day (v), 2, 3, 6, 8	€7.00
Seafood Chowder 2, 3, 4, 5, 8, 9, 12 Selection of Shell Fish & Sea Food	€9.50
Olive, Basil & Chickpea Olive Tapenade, Pesto, Hummus & Sourdough	€5.50
Asparagus & Pea Risotto (v) 2, 3, 14 Herb & Parmesan Crisp	<i>Starter</i> €7.00 <i>Main</i> €14.00

**SHARING PLATTERS FOR TWO**

Kenmare Bay Seafood Board 2, 3, 4, 5, 6, 8, 9, 12, 14 Potted Salmon, Peppered Mackerel, Pickled Mussels, Crab Mayonnaise, Sheen Falls Smoked Salmon, Dill Crème Fraiche, Pickled Cucumber Salad, Celeriac Slaw	€30.00
Irish Artizan Meat Platter 2, 3, 6, 8, 12, 14 Selection of James McGeough's Air Dried Lamb, Ham & Beef. Smoked Gubbeen Chorizo, Matured Hegarty's Cheddar Cheese Pickles, Red Onion Marmalade with Warm Breads & Crackers	€30.00



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**THE HEARTIER SELECTION**

<b>Monkfish Scampi</b> <i>3, 6, 8, 9, 12, 14</i>	€24.50
Wild Rocket Aoili, Fries	
<b>Sheen Falls Bacon &amp; Cabbage</b> <i>2, 3, 12, 14</i>	€20.50
Smoked Baby Onion Broth, Champ Mash	
<b>Market Fish</b> <i>3, 9, 12, 14</i>	€24.00
Chive Beurre Blanc, Seasonal Greens & Baby Potatos	
<b>Kettyle &amp; Guinness ¼ Pounder</b>	
<b>Beef Burger</b> <i>3, 6, 7, 8, 12, 14</i>	€19.50
Brioche Bun, Smoked Bacon, Hearghtys Farmhouse Cheddar Cheese, Dill Pickle, Celeraic Slaw, Skinny Fries & Tomato Relish	

**THE SALAD CORNER**

<b>Caesar Salad</b> <i>3, 6, 8, 9, 12, 14</i>	€12.00
Anchovies, Parmesan, Garlic Croutons, Boiled Hens Egg, Baby Gem	
With Chicken <i>3, 6, 8, 9, 12, 14</i>	€16.50
With Prawns <i>3, 4, 6, 8, 9, 12, 14</i>	€18.50
<b>Ted Browne Crab Salad</b> <i>3, 4, 8, 12, 14</i>	€19.50
Claws, White Crab Meat, Cocktail Sauce, Billy Clifford Salad Leaves & Pickled Vegetables	
<b>Avocado Salad</b> <i>3, 6, 7, 8, 12, 14</i>	€18.50
Quinoa, Black Bean, Chickpea, Olives, Feta & Pomegranite Molasses	



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**SIDE ORDERS**

Billy Clifford's Tossed Green Salad & Pickled Vegetables 12, 14	€5.00
Buttered Seasonal Green Vegetables 3	€5.00
Skinny Fries	€5.00
Truffle Fries and Parmesan 3	€5.00

**THE SANDWICH CORNER**

OPEN & CLOSED SANDWICHES  
(Open Sandwiches are served on Walnut & Treacle  
Brown Bread or Sourdough Bread  
Closed Sandwiches are served on Harrington's of  
Kenmare Brown or White Bread)

**Sheen Falls Lodge**

<b>Open Club Sandwich</b> 3, 6, 8, 12, 14	€16.00
Fried Hens egg, Chicken Breast, Bacon, Coolea Mature Cheddar, Tomato, Cucumber, Lettuce, Mayonnaise, Chargrilled Sour Dough	

**Sandwiches** 3, 6, 8, 12

- Poached Chicken Breast 3, 6, 8, 12, 14 Lemon & Tarragon Pesto Mayonnaise	€9.00
- Hegherty's Farmhouse Cheddar Cheese Tomato, raisin and onion chutney 3, 6, 8, 12, 14	€9.00
- Glazed Honey Roast Ham with Whiskey & Honey, Wholegrain Mustard 3, 6, 8, 12, 14	€9.00
- Sheen Falls Lodge Smoke Salmon 3, 6, 8, 9, 12, 14 Celeriac Remoulde & Pickled Vegetables	€12.50
- Ted Brownes Crab 3, 4, 8, 12, 14 Celeriac Remoulde & Pickled Vegetables	€12.50

*All of the above are served with Keogh's Gourmet  
Sea Salt & Cider Vinegar Crisps and Salad*



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## **AFTERNOON TEA**

Served Between 2.00pm & 5.00pm

### **Savouries**

Sheen Falls Home Smoked Salmon  
with Horseradish Cream 3, 6, 8, 9, 12, 14

River View Egg Mayonnaise & Snipped Chives 3, 6, 8, 12, 14

Crab, scented with Lemon and Lime,  
Coriander and Basil 3, 4, 6, 8, 9, 12, 14

### **Breads & Cakes** *Subject to change*

Homemade Scones 3, 6, 8

Freshly Baked Sweet Breads & Cakes 3, 6, 8, 14

Clotted Cream, Jam & Lemon Curd 3, 6, 8, 14

### **Pastries**

A selection of Sweet Delights 3, 6, 8, 12, 14

*Prepared daily by our Pastry Chef*

**Afternoon Tea for Two** 3, 6, 8, 12, 14 €55.00  
*Selection of Tea or Coffee 4, 9*

**Prosecco Afternoon Tea for Two** 3, 6, 8, 12, 14 €65.00  
*Add a glass of Prosecco to your selection  
of Tea or Coffee 4, 9*

**Champagne Afternoon  
Tea for Two** 3, 4, 6, 8, 9, 12, 14 €75.00  
*Add a glass of Champagne to your selection  
of Tea or Coffee 4, 9*

**Selection of Warbler & Wren Coffee** €4.00  
Freshly Brewed Coffee  
Decaffeinated  
Cappuccino, Espresso or Latte

**Pot of Coffee** €5.00

**Selection of Ronnefeldt Loose Tea** €4.00  
Irish Breakfast Tea  
Earl Grey Tea  
Ceylon (Decaffeinated)  
Peppermint  
Sweet Chamomile Blossoms  
Rooibos



RELAIS &  
CHATEAUX



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## THE SWEET TREAT

Chocolate Truffle Torte <i>1, 3, 6, 8</i> Nut Crust, Raspberry Sorbet, Chocolate Crumb	€8.00
Clotted Cream, Summer Pudding <i>3, 6, 8</i> Fruit Compote, Mixed Berries	€8.00
Pear & Frangipane Tart <i>1, 3, 6, 8</i> Vanilla Bean Ice Cream, Almond Tuile	€8.00
Passion Fruit Brulee <i>1, 3, 8</i> Mango Sorbet & Popping Candy	€8.00
Irish Cheese Board <i>1, 2, 3, 6, 14</i> Walnuts, Celery, Port Soaked Raisins, Grapes & Preserves	€12.00

### A note on our suppliers

We are very fortunate to be located in an area that is abundant with fresh produce. Most of our ingredients we use travel short distances to ensure that they are at their most fresh and also impact on the environment the least.

**Salmon** It is caught off the Kerry Coastline and we smoke it on site with a recipe that is over 200 years old. Most of our shellfish comes from Castletownbere, Co. Cork where the waters flow from the mountains into the bay. Union Hall is also based in south Co. Cork and the fish only travels 1 ½ hrs before it reaches our kitchen for our Chefs to prepare for the table.

**Hereford Beef** It is small in stature compared to other breeds and is generally raised for its beef as the flavour is more intense.

**Lamb** Peter O'Sullivan in Sneem supplies us with our lamb. The unique flavour from this lamb is got from the lambs being raised naturally on heather, herbs and fresh grass on the Kerry Mountain.





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## WINE SELECTION

### CHAMPAGNE & SPARKLING WINE

		175ml	750ml
206	Ayala Brut Majeur <i>Champagnet, NV France</i>	€20.00	€105.00
108	Bortolli Spumante <i>Prosecco, Italy</i>	€13.50	€50.00

### WHITE WINES

		175ml	750ml
113	Wigeon <i>Ugni Blanc Colemband France 2015</i>	€8.50	€34.00
105	Te Pa <i>Sauvignon Blanc New Zealand 2014</i>	€10.50	€42.00
1616	Chablis Domaine <i>William Fevre Chardonnay France 2014</i>	€14.00	€58.00
112	Santa Sofia <i>Pinot Grigio Italy 2014</i>	€8.80	€35.00



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## WINE SELECTION

### ROSÉ

		175ml	750ml
607	Croix Des Vents <i>France 2014</i>	€9.00	€38.00
802	Coeur de Grain <i>France 2012</i>		€85.00

### RED

		175ml	750ml
106	Anthonin Rodet <i>Bourgogne Pinot Noir, France</i>	€14.00	€60.00
101	Terra Noble <i>Cabernet Sauvignon Chile 2012</i>	€8.00	€32.00
102	Madrigal <i>Malbec Argentina 2013</i>	€8.80	€35.00
100	Baron de Ley <i>Rioja Reserva Spain 2010</i>	€10.50	€42.00